



# VANTAGE DAY SPA

AT STEELE HILL RESORTS

## REJUVENATE YOUR BODY AND INDULGE YOUR SENSES

**Swedish Massage** - Experience the soothing embrace of long, sweeping strokes that apply light to moderate pressure, enveloping you in a state of profound serenity. This therapy is meticulously tailored to your personal needs, allowing the therapist to concentrate their efforts on particularly tense areas. This massage not only alleviates stress but also enhances overall wellness. The gentle rhythm and flow of the massage encourage a harmonious balance between body and mind, inviting a deep sense of tranquility and rejuvenation. Perfect for unwinding and revitalizing, this session is a sanctuary for those seeking peace and well-being. 60min/\$125 | 90min/\$185

**Deep Tissue Massage** - This therapeutic massage is based on your individual needs. Prior to beginning your treatment, the therapist will address your areas of concern and provide a massage to focus on those problem areas. This is generally a slower, deeper, muscle-specific massage to relieve pain and tension, perfect for after a day of hiking or après-ski. 60min/\$150 | 90min/\$210

**Prenatal Massage** - Gentle, nurturing movements cater to the unique needs of expectant mothers, offering a peaceful escape. This specialized massage focuses on relieving the specific aches and stresses that accompany pregnancy, ensuring comfort and care for both mother and baby. Tailored to your needs and preferences, our therapists provide a soothing experience, promoting relaxation and well-being during this special time. 60min/\$125 | 90min/\$185

### ADD ONS & ENHANCEMENTS:

Scalp Massage & Treatment \$25

Healing Hand or Foot Treatment \$30/ea

Aromatherapy \$15

Face Massage \$25

*\*All service prices exclude gratuities*

